

**Capacity Building Training of Middle Level Training on Infant and Young Child
Feeding Counselling**
NMCH Medical College Patna, Bihar

Date: 31st August- 6th September 2015

Participants: 20

National Trainers: Dr. Rakesh Kumar, Ms. Fariha Siddiqui, Ms. Vibharika Chandola and Ms. Purna Bhardwaj

Venue: Hotel Orange Inn

On day one (31st August, 2015), the course objectives, content and introduction to literature was introduced by Ms. Vibharika Chandola (Training Coordinator, BPNI). The training was inaugurated the same day by Dr. Alka Singh (HOD Department of Paediatrics NMCH, Patna) and Dr. Shivani Dar (Nutrition Officer, UNICEF, Bihar). After lighting the lamp, Dr. Shivani Dar stressed on the key sessions of the training especially about the counselling part, explaining the participants the need for all these skills in our daily life. She also mentioned that the state expects a lot from the participants as they will be acting further as trainers. After this Dr. Alka Singh stressed on why and how is this training so important and also appreciated the concerted efforts being made by UNICEF, BPNI and State Health Society of Bihar, towards reducing malnutrition. The seven days training was conducted by four National Trainers of BPNI which comprised of few presentations based sessions, few group activities and four days of clinical practices. These clinical practices were organised in Nalanda Medical College and Hospital, Patna.

After the completion of the training, a valedictory function was organised on 6th September, 2015 chaired by Dr. Alka Singh (HOD Department of Paediatrics NMCH, Patna). The function was also attended by Dr. Sanjeev Kumar (IYCF Consultant, UNICEF), all National Trainers and all the participants. Dr. Sanjeev congratulated the participants and motivated them to take the learnings forward and help the society as much as an each individual can. Dr. Alka Singh also congratulated all the participants for successfully completing the training and also asked few of the participants to share their views on how they would be able to take the learnings of the training further so as to help the entire state with what they have learnt. Dr Alka also encouraged all the participants for giving their best in their respective fields and make the efforts of this training meaningful in all aspects. She also mentioned that all of us should use this counselling language as much as possible in our daily life as it will help us in our daily conversations as well.

