

# STATE TOOL

## Part I: IYCF Policies and Programmes

### ***Indicator 1: STATE POLICY, PROGRAMME AND COORDINATION***

**Q:** Is there a State infant and young child feeding/ breastfeeding policy that protects, promotes, and supports optimal infant and young child feeding?

#### **Policy Guidelines**

**Q:** Is there a State infant and young child feeding/breastfeeding policy has been officially adopted/approved by the government and is accompanied by an action plan?

**Q:** Does the policy promote exclusive breastfeeding for first six months and appropriate and adequate complementary feeding thereafter along with continued breastfeeding for two years or beyond?

**Q:** Has a State Plan of Action been developed along with the policy?

#### **Coordination mechanism**

**Q:** Is the State IYCF programme /plan of action adequately funded?

**Q:** Does the State breastfeeding (infant and young child feeding) committee meets and reviews on a regular basis-quarterly/six monthly/yearly?

**Q:** Is there a State coordinator with clear terms of reference?

**Q:** Does the state breastfeeding (infant and young child feeding) committee links with all other sectors like health, nutrition, information etc effectively

*Mention Information Sources Used:*

### ***Indicator 2: BABY FRIENDLY HOSPITAL INITIATIVE***

**Q:** According to Ten Steps of BFHI, What percentage of hospitals and maternity facilities that provide maternity services have been designated “Baby Friendly” ?

**Q:** What percentage of these BFHI designated hospitals have staff that has been certified for the training that they have received?

**Q:** What is the number of staff/ participants of that training?

**Q:** Which training course has been conducted: UNICEF, WHO, BPNI, ANY OTHER

**Q:** What was the duration of that training?

**Q:** How many hours of clinical practice did the training include?

*Mention Information Sources Used:*

### ***Indicator 3: IMPLEMENTING IMS ACT***

**Q:** Is the IMS Act in Place?

**Q:** Has any new action been taken to give effect to the provisions made in the Act?

**Q:** Is IMS Act included as a part of the curriculum of health functionaries?

**Q:** Is there a reporting system of the violations at the district/state level?

**Q:** Is there any Government agencies/NGO notified for monitoring the Act and it’s effective implementation in the State?

**Q:** Have there been any violations reported under the Act in last three years?

**Q:** Has any action taken against non-compliance of the Act?

**Q:** Is there any documentation regarding the Act in last one year?

**Q:** Are Public awareness programmes on the provisions of the Act conducted frequently?

**Q:** Are Health workers trained with responsibility towards IMS Act implementation as a key input?

*Mention Information Sources Used:*

**Indicator 4: MATERNITY PROTECTION**

**Q:** What are the Benefits Available for Working Mothers?

**Q:** Women covered by the state legislation are allowed the following weeks of paid maternity leave by law or by Government order?

**Q:** At least one breastfeeding break or reduction of work hours daily is provided to the women covered by the state legislation?

**Q:** what are the benefits provided to the women employees in private sector?

**Q:** What are the other breastfeeding and childcare facilities and benefits provided in government or private sector?

**Q:** Is there any legislation prohibiting employment discrimination and assuring job protection for women workers during breastfeeding period.

*Mention Information Sources Used:*

**Indicator 5: HEALTH AND NUTRITION CARE SYSTEM SUPPORT**

**Q:** Do Health and Nutrition care workers in your area undergo skill training?

**Q:** Does the pre-service education curriculum support optimal infant and young child feeding and birth practices?

**Q:** Does the policies of health care services support mothers and children?

**Q:** Are the health workers responsibilities to Code in place?

\* The healthcare providers should include functionaries that care for mothers and children at the grassroots level such as MOs, LHVs, ANMs, AWWs TBAs etc.

*Mention Information Sources Used:*

**Indicator 6: COMMUNITY INITIATIVES FOR PROTECTING IYCF AND INFORMATION SUPPORT**

**Q:** Are there services and support mechanisms in place to protect, promote and support optimal infant and young child feeding?

**Q:** Are these services available and accessible to the general public?

**Q:** What is number of such skilled trainers?

**Q:** What level of training is provided to these skilled workers? (eg; ASHA workers, ANM's, Aanganwadi workers etc)

**Q:** Is there a community based monitoring system?

*Mention Information Sources Used:*

**Indicator 7: INFORMATION SUPPORT FOR IYCF**

**Q:** What are the sources of information related to IYCF? (eg: electronic, print, event media, TV, radio, pamphlets, posters, hoardings, community meetings etc)

**Q:** Is the content of IEC messages is technically correct, sound, and based on national or international guidelines?

**Q:** Is the related IEC material is readily available at all levels?

**Q:** Is World Breastfeeding Week celebrated in the area? How frequently?

*Mention Information Sources Used:*

**Indicator 8 : INFANT FEEDING DURING SPECIAL SITUATIONS INCLUDING HIV AND EMERGENCIES**

**Q:** Are there any current state policies and programmes in place to ensure that the mothers with HIV are informed about the risks and benefits of different infant feeding options and supported in their infant feeding decisions?

**Q:** Who is responsible for providing this support?

**Q:** What is the level of training of these counselors/ Health staff/community workers?

**Q:** what is the duration of the training provided to these counselors/ Health staff/community workers?

**Q:** Are there any current state policies and programmes in place to ensure that mothers, infants and children will be provided adequate protection and support during Emergencies?

**Q:** Is there any contingency plan to undertake activities to facilitate exclusive breastfeeding and appropriate complementary feeding and to minimize the risk of artificial feeding has been developed and resources-national/international identified for implementation during emergencies

*Mention Information Sources Used:*

**Indicator 9: MONITORING AND EVALUATION**

**Q:** Are monitoring and evaluation data routinely collected and used to improve infant and young child feeding practices?

**Q:** What is the system of monitoring Breastfeeding indicators in your area?

**Q:** How is the Breastfeeding Programme under the Child Health and Nutrition Sector evaluated in your area?

*Mention Information Sources Used:*

## **PART II : Infant and Young Child Feeding Practices**

**Indicator 10: INITIATING BREASTFEEDING WITHIN ONE HOUR**

**Q:** What Percentage of Babies Initiate Breastfeeding Within One Hour?

*Mention Information Sources Used (including year):*

**Indicator 11: EXCLUSIVE BREASTFEEDING FOR FIRST SIX MONTHS**

**Q:** What Percentage of babies are exclusively breastfed?

*Mention Information Sources Used (including year):*

**Indicator 12: DURATION OF BREASTFEEDING**

**Q:** How long are babies breastfed?

*Mention Information Sources Used (including year):*

**Indicator 13: BOTTLE FEEDING**

**Q:** What is the percentage of breastfed babies less than 6 months old receiving other foods or drink from bottles?

*Mention Information Sources Used (including date):*

***Indicator 14: COMPLEMENTARY FEEDING***

**Q:** What percentage of babies is receiving complementary foods at Six months of age while continuing to breastfeed?

*Mention Information Sources Used (including date):*