Executive Committee of Nepal Breastfeeding Promotion Forum (NEBPROF) decided to form a core group of six persons with Prof. Prakash S. Shrestha as the Co-ordinator for conducting the National Advocacy meeting for Strengthening Infant and Young Child Feeding. The core group in listed the stakeholders of Infant and Young Child Feeding in the country and after consultation with them decided to fix the meeting on 9th April 2013 (27th Chaitra 2069). Official invitation were sent to different INGO, NGO, Professional Organization, members of NEBPROF by e-mail as well as letter & confirmed by telephone calls. This meeting was attended by 36 participants.

The program was organized from 9:30 AM to 4:00 PM on 9th April 2013 at Hotel Radisson, Lazimpat, Kathmandu. List of participants & details of the program is attached with this report. Each participant was registered & the materials for the meeting were distributed during registration.

Inauguration of the meeting was started as scheduled. In the beginning Prof. Prakash Sunder Shrestha, President of NEBPROF welcomed all the dignitaries as well as the participants in the meeting by delivering welcome speech. Prof. Prakash S. Shrestha highlighted the objective of the meeting as well as the next few activity NEBPROF will be conducted under SAFANSI Project. He highlighted the necessary of coming together of all the stakeholders on Infant and Young Child Feeding in the country. He expressed that the presence of dignitaries from different organizations in this advocacy meeting shown the commitment of the stakeholders to improve Infant and Young Child Feeding in Nepal.

Prof. Ramesh Kant Adhikari from Kathmandu Medical College expressed the need of more work in Infant and Young Child Feeding & he mentioned that we have to come forward with innovative ideas to reach the children at community level. Mr. Manav Bhattarai from World Bank highlighted on the different activities carried out by World Bank under SAFANSI in Nepal like multi-sectoral nutrition plan, capacity in micronutrient at community level, gender equality, food and nutrition security etc. Mr. Ashok Bhurtle from WHO highlighted on different activities carried out by WHO on nutrition & child health. He also emphasized in the need of developing cultural acceptable indigenous complementary food for managing malnutrition and expressed the need of reactivation of BFHI in the country.

Dr. Saba Mebrahtu from UNICEF highlighted on different activities carried out by UNICEF in the country regarding IYCF. She also expressed the need of multi-sector approach for managing the nutrition in children & also expressed about the need of community level support to mother in Infant and Young Child Feeding. She also expressed the need to learn from the past experience of BFHI activities in the country. She mentioned that it will be nice idea if UNICEF can work together with Nepal Breastfeeding Promotion Forum.

Mr. Raj Kumar Pokharel, Chief, Nutrition Section, Child Health Division highlighted on different activities carried out by the Nutrition Section, Child Health Division. He also mentioned about the recent governmental approval of multi-sectoral nutrition plan and different strategies developed by the government to improve IYCF in the country. He also expressed the need for
reactivation of National Committee on Promotion, Protection & Support of Breastfeeding as well as cooperation with different INGO, NGO & Social Societies & Professional Organizations to improve Infant and Young Child Feeding in the country.

Mrs. Tara Pokharel, Campus Chief, Maharajgunj Nursing Campus thanked all the designators & participants for attending this advocacy meeting inspite of their busy schedule. This was followed by Tea Break.

After the tea break each participants were requested to introduce themselves with name, designation and organization they are working for. After introduction of participants first presentation of the meeting on WBTi 2012 Assessment report was done by Dr. Kalpana Tiwari, Nutrition Export, USAID,KiSAN project. She highlighted how the data was collected, verified using the WBTi tool. She also explain why according to this tool Nepal obtained 92.5 scores only after elaborating as the each indicator & the number of score obtained. Then the floor was open for the discussion during the discussion participants raised the questions regarding code monitoring has how it can be so high when there is not much monitoring, she explained about the scoring system according to tool. Issues were raised regarding the BFHI situation and maternity protection.

This was followed by presentation on Delhi Declaration of World Breastfeeding Conference of 2012 by Mrs. Tulsi Adhikari, Assistan Professor, Maharajgunj Nursing Campus. During this presentation she highlighted on the importance of Breastfeeding as well as reasons for low optimal breastfeeding and Infant and Young Child Feeding. She also mentioned that 1st World Breastfeeding Conference 2012 at Delhi was attended by participants from 82 countries coming from diverse groups including government, breastfeeding organizations, health care providers, peoples organization, international NGO & individuals. She elaborates on 12 points of Delhi Declaration one by one. This was followed by the general discussion regarding the meeting at Delhi. This was followed by Lunch break.

After Lunch break Prof. Prakash S. Shrestha, President of Nepal Breastfeeding Promotion Forum presented a description of SAFANSI project and action plan to improve IYCF in the country. During this presentation he highlighted on the activities to perform by Nepal Breastfeeding Promotion Forum under the SAFANSI Project in collaboration with BPNI. He also highlighted on the different activities SAFANSI of World Bank has been carrying out in Nepal. He also highlighted on the action plan presented at workshop of SAFANSI during the workshop on 10th December 2012 at Delhi. This was followed by active discussion. During discussion many participant raised the issues on how to reach the community level, need support for Infant and Young Child Feeding at grass root level. Some participants raised the issues of reactivating BFHI and need of the BMS code monitoring. Some participants raised the issues of recommending locally made indigenous & culturally acceptable complementary food instead of RUTF to severely malnourished child. Need for mother support group & the need of increasing maternity leave from present 60 days in Government to at least 14 weeks as per ILO recommendation then gradually increasing it to six months was suggested. During the discussion Mr. Raj Kumar Pokharel, Chief, Nutrition Section mentioned that the Government has form Nutrition Technical Committee with multi-sectoral involvement to improve nutrition situation in the country. After elaborate discussion everybody agreed on the following recommendations.
The final recommendations of the National Advocacy Meeting for Strengthening Infant and Young Child Feeding:-

1. Reactivation of the National Committee on Promotion & Protection of Breastfeeding & authorizing the Nutrition Technical Committee (Nutec) to take active role.

2. Reactivation of BFHI after conducting proper training.


4. Increase maternity leave to ILO recommendation of 14 weeks at present & gradually increase it to make 6 months leave, leave should be made available in private as well as informal sector with nursing breaks.

5. Review & incorporate practical training in IYCF in pre-service and in-service training.

6. Creating necessary mother support group for Infant and Young Child Feeding at community level where the majority of population stays.

7. Generate support for involvement of mass media and press people for IYCF.

8. Increase collaboration between Government and different stakeholders working of IYCF.


10. Develop comprehensive communication frame work on IYCF.

11. Strengthening the monitoring & evaluation system on IYCF.

12. Establish clear budget line for breastfeeding and Infant and Young Child Feeding Policy & Program.

After this meeting was adjourned followed by tea break.
<table>
<thead>
<tr>
<th>S.No.</th>
<th>Name</th>
<th>Designation</th>
<th>Organization</th>
<th>E-mail ID</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Ms. Tulashi Adhikari Mishra</td>
<td>Lecturer</td>
<td>IOM, Nursing Campus</td>
<td><a href="mailto:tulsi_50@hotmail.com">tulsi_50@hotmail.com</a></td>
</tr>
<tr>
<td>2.</td>
<td>Dr. Prakash S. Shrestha</td>
<td>President</td>
<td>NEPROF</td>
<td><a href="mailto:prakashsunder@hotmail.com">prakashsunder@hotmail.com</a></td>
</tr>
<tr>
<td>3.</td>
<td>Ms. Mina Banepali</td>
<td>Nursing Supervisor</td>
<td>TU Teaching Hospital</td>
<td><a href="mailto:minabaneali@yahoo.com">minabaneali@yahoo.com</a></td>
</tr>
<tr>
<td>4.</td>
<td>Dr. Merina Shrestha</td>
<td>Ass. Professor</td>
<td>TU Teaching Hospital</td>
<td><a href="mailto:drmerinashrestha@gmail.com">drmerinashrestha@gmail.com</a></td>
</tr>
<tr>
<td>5.</td>
<td>Ms. Sarmita Dhakal</td>
<td>Research Assistant</td>
<td>NHRC</td>
<td><a href="mailto:Sarmiladhakal527@yahoo.com">Sarmiladhakal527@yahoo.com</a></td>
</tr>
<tr>
<td>6.</td>
<td>Dr. Kalpana Tiwari</td>
<td>Nutrition Export</td>
<td>USAID, KISAN Project</td>
<td><a href="mailto:kalpanatiwari9@yahoo.com">kalpanatiwari9@yahoo.com</a></td>
</tr>
<tr>
<td>7.</td>
<td>Ms. Sanne Bakker</td>
<td>Nutritionist</td>
<td>WFP, UN</td>
<td><a href="mailto:Sane.bakker@wfp.org">Sane.bakker@wfp.org</a></td>
</tr>
<tr>
<td>8.</td>
<td>Dr. Binod M. Shrestha</td>
<td>Consultant Pediatrician</td>
<td>Kanti Children's Hospital</td>
<td><a href="mailto:drbinod@yahoo.com">drbinod@yahoo.com</a></td>
</tr>
<tr>
<td>9.</td>
<td>Mr. Manav Bhattarai</td>
<td>Health Section</td>
<td>World Bank</td>
<td><a href="mailto:mbhattarai@worldbank.org">mbhattarai@worldbank.org</a></td>
</tr>
<tr>
<td>10.</td>
<td>Ms. Pradipanna Dahal</td>
<td>Nutrition Specialist</td>
<td>UNICEF</td>
<td><a href="mailto:pdahal@unicef.org">pdahal@unicef.org</a></td>
</tr>
<tr>
<td>11.</td>
<td>Ms. Saba Mebrahtu</td>
<td>Chief, Nutrition</td>
<td>UNICEF</td>
<td><a href="mailto:smebrabhtu@unicef.org">smebrabhtu@unicef.org</a></td>
</tr>
<tr>
<td>12.</td>
<td>Mr. Raj Kumar Mahato</td>
<td>PM-HEN</td>
<td>Save the Children</td>
<td><a href="mailto:rajkumar.mahato@savethechildren.org">rajkumar.mahato@savethechildren.org</a></td>
</tr>
<tr>
<td>13.</td>
<td>Ms. Neera Sharma</td>
<td>Sr. PC-Nutrition</td>
<td>Save the Children</td>
<td><a href="mailto:neera.sharma@savethechildren.org">neera.sharma@savethechildren.org</a></td>
</tr>
<tr>
<td>14.</td>
<td>Mr. Pooja Panday Rana</td>
<td>Director, Prg. Implementation</td>
<td>SUAAHARA</td>
<td><a href="mailto:ppanday@hki.org">ppanday@hki.org</a></td>
</tr>
<tr>
<td>15.</td>
<td>Mr. Deepak Thapa</td>
<td>Prg. Manager</td>
<td>NTAG</td>
<td><a href="mailto:deepakthapa@mail.com.np">deepakthapa@mail.com.np</a></td>
</tr>
<tr>
<td>16.</td>
<td>Dr. Kailash Sah</td>
<td>Gen. Secretary</td>
<td>Nepal Pediatric Society</td>
<td><a href="mailto:sakailash@hotmail.com">sakailash@hotmail.com</a></td>
</tr>
<tr>
<td>17.</td>
<td>Ms. Geeta Gurung</td>
<td>Matron</td>
<td>Kanti Children's Hospital</td>
<td><a href="mailto:gita-gurung999@hotmail.com">gita-gurung999@hotmail.com</a></td>
</tr>
<tr>
<td>18.</td>
<td>Dr. Madhu Dixit Devkota</td>
<td>Professor</td>
<td>Institute of Medicine</td>
<td><a href="mailto:devkota@neuro.org.nl">devkota@neuro.org.nl</a></td>
</tr>
<tr>
<td>19.</td>
<td>Ms. Naramaya Limbu</td>
<td>Team Leader</td>
<td>USAID</td>
<td><a href="mailto:nlimbu@usaid.gov">nlimbu@usaid.gov</a></td>
</tr>
<tr>
<td>20.</td>
<td>Ms. Shree Laxmi Singh</td>
<td>Nursing Staff</td>
<td>TU Teaching Hospital</td>
<td></td>
</tr>
<tr>
<td>21.</td>
<td>Prof. Ramesh Kant Adhikari</td>
<td>Professor in Pediatrics</td>
<td>Kathmandu Medical College</td>
<td><a href="mailto:ramesh479@gmail.com">ramesh479@gmail.com</a></td>
</tr>
<tr>
<td>22.</td>
<td>Dr. Dhan Raj Aryal</td>
<td>Deputy Director</td>
<td>Maternity Hospital</td>
<td><a href="mailto:drdarayal@hotmail.com">drdarayal@hotmail.com</a></td>
</tr>
<tr>
<td>23.</td>
<td>Dr. Indira Satyal</td>
<td>President</td>
<td>Perinatal Society of Nepal (PESON)</td>
<td><a href="mailto:indirasatyal@yahoo.com">indirasatyal@yahoo.com</a></td>
</tr>
<tr>
<td>24.</td>
<td>Dr. Laxman Shrestha</td>
<td>Associate Professor</td>
<td>Institute of Medicine</td>
<td><a href="mailto:laxmanshree@yahoo.com">laxmanshree@yahoo.com</a></td>
</tr>
<tr>
<td>25.</td>
<td>Mr. Sumit K.</td>
<td>TC-NP</td>
<td>CHD/SUAAHARA</td>
<td><a href="mailto:link2sumit@gmail.com">link2sumit@gmail.com</a></td>
</tr>
<tr>
<td>26.</td>
<td>Mr. Raj Kumar Pokharel</td>
<td>Chief, Nutrition Section</td>
<td>CHD/DOHS</td>
<td><a href="mailto:rajkumarlpokhare@gmail.com">rajkumarlpokhare@gmail.com</a></td>
</tr>
<tr>
<td>27.</td>
<td>Mr. Ashok Burtyal</td>
<td>National Professional officer</td>
<td>WHO</td>
<td>Bhurtyalnesearo.who.int</td>
</tr>
<tr>
<td>28.</td>
<td>Dr. Sheela Verma</td>
<td>Director</td>
<td>Maternity Hospital</td>
<td><a href="mailto:Sheelaverma23@hotmail.com">Sheelaverma23@hotmail.com</a></td>
</tr>
<tr>
<td>29.</td>
<td>Dr. Arun Kumar Sharma</td>
<td>Lecturer in Pediatrics</td>
<td>TU Teaching Hospital</td>
<td><a href="mailto:docaranusharma@gmail.com">docaranusharma@gmail.com</a></td>
</tr>
<tr>
<td>30.</td>
<td>Ms. Dharma Laxmi Shrestha</td>
<td>Nursing Director</td>
<td>TU Teaching Hospital</td>
<td><a href="mailto:dlshrestha@hotmail.com">dlshrestha@hotmail.com</a></td>
</tr>
<tr>
<td>31.</td>
<td>Ms. Tara Pokharel</td>
<td>Campus Chief</td>
<td>Maharajgunj Nursing Campus</td>
<td></td>
</tr>
<tr>
<td>32.</td>
<td>Dr. Sakuta Shrestha</td>
<td>Physician</td>
<td>Child Health Research Project</td>
<td></td>
</tr>
<tr>
<td>33.</td>
<td>Ms. Sarita Shrestha</td>
<td>Executive Member</td>
<td>NEPROF</td>
<td></td>
</tr>
<tr>
<td>34.</td>
<td>Ms. Sushila Adhikari</td>
<td>Executive Member</td>
<td>NEPROF</td>
<td></td>
</tr>
<tr>
<td>35.</td>
<td>Ms. Ram Laxmi Dhaubhadel</td>
<td>Treasurer</td>
<td>NEPROF</td>
<td></td>
</tr>
<tr>
<td>36.</td>
<td>Mr. Sukramani Kuikel</td>
<td>Staff</td>
<td>NEPROF</td>
<td></td>
</tr>
</tbody>
</table>
National Advocacy Meeting for Strengthening Infant and Young Child Feeding
27<sup>th</sup> Chaitra 2069 (9<sup>th</sup> April 2013)

**Venue:** Hotel Radisson, Lazimpat, Kathmandu

**Programme**

<table>
<thead>
<tr>
<th>S.No.</th>
<th>Time</th>
<th>Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>01.</td>
<td>09:30 – 10:00 AM</td>
<td>- Registration</td>
</tr>
<tr>
<td>02.</td>
<td>10:00 – 10:45 AM</td>
<td>- Inaugural Function&lt;br&gt;- Welcome Address &amp; Objective of Meeting&lt;br&gt;- Prof. Prakash S. Shrestha, President, NEBPROF&lt;br&gt;- Remarks by:-&lt;br&gt;- Prof. Ramesh Kant Adhikari, Kathmandu Medical College&lt;br&gt;- Dr. Manav Bhattarai, World Bank&lt;br&gt;- Mr. Ashok Bhurtyal, WHO&lt;br&gt;- Dr. Saba Mabrahu, UNICEF&lt;br&gt;- Mr. Raj Kumar Pokharel, Chief, Nutrition Section, CHD&lt;br&gt;- Vote of Thanks - Mrs. Tara Pokharel, General Secretary, NEBPROF</td>
</tr>
<tr>
<td>03.</td>
<td>10:45 – 11:15 AM</td>
<td>TEA BREAK</td>
</tr>
<tr>
<td>03.</td>
<td>11:15 – 11:30 AM</td>
<td>- Introduction of Participants</td>
</tr>
<tr>
<td>04.</td>
<td>11:30 – 12:30 Noon</td>
<td>- WBTi 2012 Assessment Report – Dr. Kalpana Tiwari, Neutronist Expert, USAID, KISAN Project&lt;br&gt;- Discussion</td>
</tr>
<tr>
<td>05.</td>
<td>12:30 – 01:30 PM</td>
<td>- Delhi Declaration of World Breastfeeding Conference 2012&lt;br&gt;- Mrs. Tulshi Adhikari, Assist. Professor, Maharaigunj Nursing Campus&lt;br&gt;- Discussion</td>
</tr>
<tr>
<td>06.</td>
<td>01:30 – 02:30 PM</td>
<td>LUNCH BREAK</td>
</tr>
<tr>
<td>07.</td>
<td>02:30 – 3:30 PM</td>
<td>- Description of SAFANSI &amp; Action Plan to Improve IYCF&lt;br&gt;- Prof. Prakash S. Shrestha, President, NEBPROF&lt;br&gt;- Discussion</td>
</tr>
<tr>
<td>07.</td>
<td>03:30 – 04:00 PM</td>
<td>- Final Recommendation of the Meeting</td>
</tr>
<tr>
<td>08.</td>
<td>04:00 PM</td>
<td>TEA BREAK</td>
</tr>
</tbody>
</table>