

**Capacity Building Training of Middle Level Training on Infant and Young Child
Feeding Counselling**

Institute of Public Health, NHM Ranchi

Brief report

Date: 18-24 July 2016

Participants: 20

National Trainers: Ms. Fariha Siddiqui, Ms. Vibharika Chandola, Ms. Nupur Bidla, Ms. Ulka Jamal

Venue: Institute of Public Health, Ranchi

This was the fourth Middle Level Trainers Training courses in Ranchi with National Health Mission Jharkhand. The fourth batch comprised of 20 participants from 12 districts of the state. The whole participants were doctors. First day of the training was visited by Dr. Ramesh (Director Finance) who inaugurated the training.

After that the participants were given a pre test form to test their present knowledge status. The course objectives, content and introduction to literature was given by Fariha Siddiqui and Vibharika Chandola. The participants were explained that this course will be in two phases; where in the first phase of first three days would be conducted by the national trainers. The remaining four days would be phase two of the training where the participants would be given one session to prepare and conduct the same. A total of three Clinical practices were conducted at Sadar Hospital Ranchi and two Clinical Practices were conducted at Aganwadi Centre.

Participants were given real time feedback and were monitored closely by their group leaders who were the national trainers. Participants were encouraged to ask questions and their queries were sorted. The batch was quite enthusiastic and all of them conducted their sessions quite well. Participants shared that this is the first time such a rigorous training has happened and that it has ingrained the counselling skills in them. They also said that the learning would be very useful in their daily work life and now they can help mothers. Some participants shared that till now many times it happened that mothers would come with queries like not having milk and they never were able to give convincing answers, but now they feel empowered that they can help all mothers with feeding difficulties.

At the end of the training, Dr. Sumant Mishra (Director, IPH) and Dr. Sunita Katiyayan (CCC member and National Trainer of BPNI) graced the valedictory function. He said that it is important that all the participants take these lessons back with them and try to bring small changes in everyday life, only then we can make a big change. After which he distributed the certificate and training tool to all the participants.

GLIMPSES OF THE TRAINING



Figure 1 Trainer explaining the Growth Monitoring Session



Figure 1 Trainer showing positioning through demonstration



Figure 3 Participants talking to the mothers in Aqanwadi centre.



Figure 2 Participant making one milk feed during Practice



Figure 5 Participants taking the session



Figure 6 Dr. Sumant Mishra (Director, IPH) with BPNI National trainers at the valedictory function

Participants List

S. No	Namae	Designation	Place of Posting	District
1	Dr. Singar Maneesh Demta	Medical Officer (R.B.S.K)	CHC, Rajnagar	Saraikela-Kharswan
2	Dr. Tarun Josh Lakra	Medical Officer (R.B.S.K)	CHC, Chandwa (Latehar)	Latehar
3	Dr. Ifat Ali	Medical Officer (R.B.S.K)	Barhait CHC	Sahibganj
4	Dr. Ritu raj Aggarwal	Medical Officer (AYUSH)	Gomia PHC	Dhanbad
5	Dr. Sanjay Kumar Dey	Medical Officer (AYUSH)	PHC Churchu	Hazaribagh
6	Dr. Anand Kumar Sinha	Medical Officer (R.B.S.K)	CHC, Sadar	Palamu
7	Dr. Sanjeev Satyam kumar Horo	Medical Officer (AYUSH)	R.H. Torpa	Khunti
8	Dr. Dev Anand Tiwary	Medical Officer (R.B.S.K)	CHC, Sarwan	Deoghar
9	Dr. Gaurav Vikram	Medical Officer (AYUSH)	PHC, Medhna	Garhwa
10	Dr. Mohd. Ali Sharfi	Medical Officer (AYUSH)	APHC, Gurubajpur, Ratu	Ranchi
11	Dr. Shekhar Kumar Chandra	Medical Officer (AYUSH)	CHC Bengabad	Giridih
12	Dr. Lakshmi Kant Jha	Medical Officer (AYUSH)	CHC, Kolebira	Simdega
13	Dr. Namita Kumari	Medical Officer (AYUSH)	CHC, Jamtara	Jamtara
14	Dr. Amit Kumar Das	Medical Officer (R.B.S.K)	CHC, Baharalora	Jamshedpur
15	Dr. Bishweshwar Paswan	Medical Officer (R.B.S.K)	CHC, Patratu	Ramgarh
16	Dr. Rohit Kumar	Medical Officer (R.B.S.K)	Sadar, Gumla	Gumla
17	Dr. Prashant Priya	Medical Officer (R.B.S.K)	CHC, Majhgaon	West Singhbhum
18	Dr. Gyan Chandra pandey	Medical Officer (R.B.S.K)	CHC Kisko	Lohardaga
19	Dr. Roma Gupta	Medical Officer (R.B.S.K)	CHC, Chas	Bokaro
20	Dr. Jagat Bhushan	Medical Officer (R.B.S.K)	CHC Hunterganj	Chatra