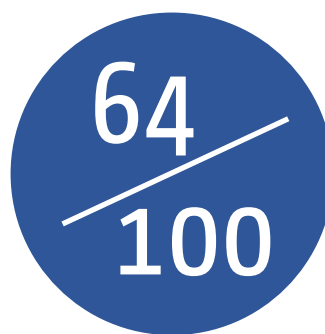


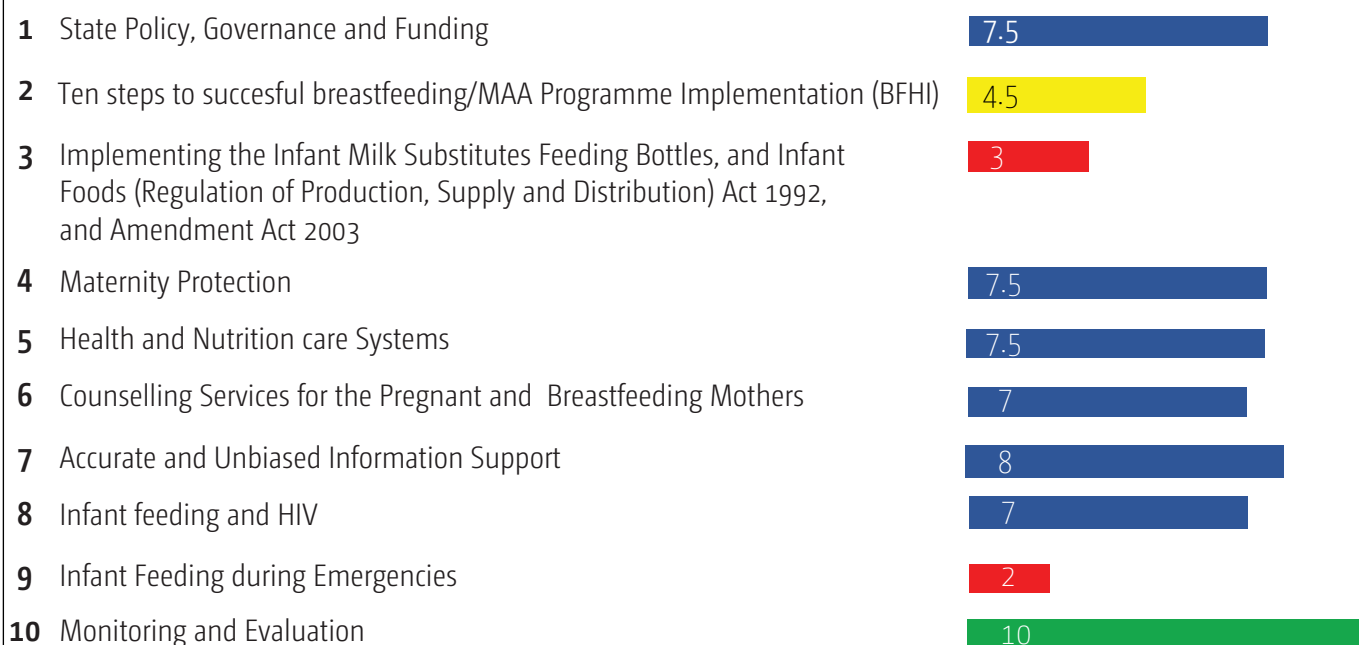
TAMIL NADU REPORT CARD 2020



BASED ON THE REPORT “SPOTLIGHT ON INFANT FEEDING IN TAMIL NADU 2020”

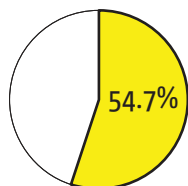
Policy & Programmes (Indicators 1-10)

Score out of 10



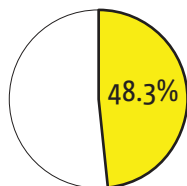
Total Score (Policy and Programmes) 64/100

IYCF Practices as per NFHS 4 (2015-2016) (Indicators 11-13)



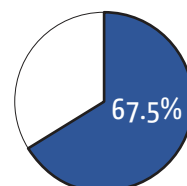
Indicator 11

Initiation of Breastfeeding
(within 1 hour)



Indicator 12

Exclusive Breastfeeding for
the first six months



Indicator 13

Complementary Feeding (6-8)
months -Introduction of solid, semi-solid or
soft foods along with breastfeeding

Tamil Nadu Infant Feeding Practices Score: 5.7/10

(Source: Report Cards INDIA, STATES & UTs, MoHFW, 2019)

Key to scoring, colour- coding

1. Infant feeding practices (indicator 11-13) are expressed as 'percentage'
2. The SBTi tool provides scoring of each individual sub set of questions as per their weightage in the indicators 1-10 (policies and programmes). Each indicator has a maximum score of 10. Total score of ten indicators has a maximum score of 100.
3. Achievement of the indicator is then coded i.e. Red, Yellow, Blue and Green based on the SBTi guidelines.
4. IYCF practices scores are converted into Infant Feeding Score using the Government of India's guideline in its Breastfeeding Report card of Government of India.

Tamil Nadu Assessment 2020

The Breastfeeding Promotion Network of India (BPNI) identified the SBTi core group and its coordinator in Tamil Nadu based on their strengths and expertise, and introduced the SBTi tools to them to make an assessment of policy and programmes that support women in breastfeeding and infant and young child feeding in Tamil Nadu. Each member of the core group worked on a specific indicator of the tool and collected information from secondary sources to answer the questions. group analysed the information thus collected and identified the gaps and built consensus among them. They shared this with the larger

group of concerned persons across the State of Tamil Nadu for inputs and incorporated into the report.

This report- "SPOTLIGHT ON INFANT FEEDING IN TAMIL NADU 2020-Tracking policies and programmes in support of women and children to adopt optimal feeding practices: from conception to 2 years or beyond" is the result of this work and is the first ever such work done at the State level in India. It identifies gaps and provides recommendations for improvement.

Key GAPS

1. The State plan of action on infant and young child feeding lacks implementation, does not reflect action at district level.
2. Insufficient funding specific for activities related to Breastfeeding and IYCF
3. Weak implementation of the the IMS Act.
4. Inadequate preparedness for for safer infant feeding and breastfeeding support during disaster/emergency situations.
5. Inadequate support to mothers in health systems to enable them practice early breastfeeding.
6. The IMS Act provisions have not been integrated in the state HIV and IYCF policy.

Key Recommendations

1. Strengthen monitoring, evaluation mechanisms through setting up a specific committee on breastfeeding and infant and young child feeding practices.
2. Ensure establishment of district plans on IYCF with adequate funds ensured.
3. All pregnant women should be educated on feeding decisions during pregnancy and it should be monitored.
4. Ensure effective enforcement and implementation of the IMS Act, through awareness of health workers, training of designated officers and regular monitoring.
5. Ensure that hospitals with maternity services follow strictly MAA programme guidance, have hospital committees, and are regularly assessed through use of tools developed by BPNI-WHO-Government of India.
6. Make disaster response adequate with breastfeeding counseling and lactation support to enable mothers to breastfeed and practice safe infant feeding.
7. Integrate IMS Act in the curriculum of health workers and in IYCF policy, child health and nutrition.



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