# FOOD FACT CHECKER

### **BRAND**:

**PROTINEX Original** 



Consumption of ultra-processed food products (UPFs) has grown exponentially over the last few decades in the higher income nations. Indian data shows that it is rising too. Because the UPFs are ultra-processed and contain nutrients like high salt and sugar, their consumption drives over eating, increased obesity, diabetes, cancers etc. making these potentially unhealthy for humans. Therefore, urgent policy interventions are required to reduce the consumption.

The Food Fact Checker intends to present food facts to people, who can think and decide to buy or not and is aimed at reduced consumption of unhealthy food products from their diet. Fact checker takes into consideration i) degree of food processing, ii) content of sugar/salt or fat and iii) whether its advertisement is misleading or not.

### TYPE OF FOOD BY PROCESSING

# Ultra-processed Food Product(NOVA\*-4)

### **KEY CONTENT**

Sugar-29 gm/per 100 Gm (#Added Sugar) -<u>HIGH</u> (WHO recommends a cut off at 9gm/100 Gms for advertising and labelling)

### TYPE OF ADVERTISING

## **Misleading**

According to the Consumer Protection Act 2019\*\*, "misleading advertisement" in relation to any product or service, means an advertisement, which—

(i) falsely describes such product or service; or

(ii) gives a false guarantee to, or is likely to mislead the consumers as to the nature, substance, quantity or quality of such product or service; or (iii) conveys an express
or implied
representation which, if
made by the
manufacturer or seller
or service provider
thereof, would
constitute an unfair
trade practice; or

(iv) deliberately conceals important information; e.g. Advertisements conceals information on sugar content while focusing on immunity boost

# THIS FOOD PRODUCT IS UNHEALTHY



\*NOVA Classification: shorturl.at/ftR04

\*\*Learn more at http://egazette.nic.in/WriteReadData/2019/210422.pdf # In fact total sugar may be much higher as Carb content is 53.3. Gms/100Gms

Nutrition Advocacy in Public Interest(NAPi)

**Breastfeeding Promotion Network of India(BPNI)** 



