Dr. Rupal Dalal

Dr. Rupal is a Mumbai based Paediatrician. She has completed her medical education from India and USA. She has 11 years of experience of working as a paediatrician in the US. And since 2005 she is working for the underprivileged children in slums of Mumbai. She is associated full time to an NGO, The Foundation of Mother, and Child Health. The emphasis of the NGO is preventive paediatrics clinics that focus on 1st 1000 days of child's life, starting from conception to 2 years of age with a special attention to ante natal counselling. She is also the director of Shrimati Malati Dahanukar Trust (SMDT) Srirampur, Maharashtra. In 2017, she became a team leader at Health Spoken Tutorial at IIT B to create tutorials on Maternal, Infant & Young Child Nutrition in 15 different languages of India including 6 tribal languages and the tutorials are accepted by NITI Ayog for nationwide dissemination. Since 2019 till now she is working as the adjunct associate professor at the Centre for Technology Alternative for Rural Areas, IIT Bombay.